



# Munay Ki ~ Lineage Rites of the Incas

An introduction and guide to the Munay Ki  
by Joe Molloy ~ Shaman

The Munay Ki are a 'body' of teachings and practices, energetic empowerments and initiations that are created in their current form as a gift. A gift to help us, this current generation of people, at this time of the 'great turning.'

They are a body of wisdom teachings that have been held in a sacred trust by generations of men and women in the Andes. They have a history, traditions, and a body of prophecies that have informed their creation so that we might share them.

In their current form they are a collection of the lineage rites, energetic empowerments of the Qero, the Inca people, and of other Andean traditions. Created in a form that it is hoped people of all cultures and backgrounds on the planet, at this time, may be able to understand, accept and benefit from them.

They take us on a journey. An almost impossible journey. A journey of healing and balance. Discovery and rediscovery of who we are, who we came here to be and whom we are becoming.

In these times as described in the Inca prophecies and tradition, where all of space and time turn over, Pachacutti. We are in great need of the gifts that these rites bring to our lives. Here, within this time of the Pachacutti, we are within also another age, the Taripaypacha, where we 'come to see ourselves again.' Where we see not just who we are, or have become, but who we really came here to be. And the time of the Taripaypacha gives us all that we need to become this, and so much more.





Some 500 years ago, the Qero saw that the world was changing. The time that was prophesised as coming, when the world would turn over again. The next Pachacutti was upon them.

The Pachacutti are periods of evolutionary change when space and time turn over and the world in which we live within moves from a cycle of light into a cycle of dark, and then from a cycle of dark into a cycle of light, and so on, in a natural order of change and evolution. The Qero's cosmology is fundamentally different to that of many other indigenous peoples. When Europeans first arrived in South America, and the Incas, the Qero made note also of other signs of importance to them, they realised that time and space, the whole world, was about to turn over. They saw also that they had a choice, they could remain and participate in the change, and be changed by it. Or they could step aside, return to the mountains and remain in balance and harmony with the seasons and cycles of life and of death, rebirth and renewal. Which is what they did. They left the city of Cusco, the ancient city of the Incas, and walked into the mountains where they lived, generation after generation for 500 or so years, knowing that in time the next age, Pachacutti, would come and the world would be ready to receive the teachings and traditions that they have held in trust, as guardians, for future generations.

In 1949 an earthquake opened up the ground and revealed an ancient Inca temple of gold. For the Incas, the Qero, this was part of the prophecy of the Mosoq. A sign that "the time to come" the future, had arrived. And that soon it would be time to share their timeless wisdom and traditions with the world again.

One of the first and most significant people of this "new world" that the Inca shared their traditions and teachings with was Alberto Villoldo, a medical anthropologist born in Cuba and living in the USA. Alberto became a "bridge" between the worlds of the Incas in south America, the people of the "Condor" and the peoples of the Western world, the people of the "Eagle." The Inca have prophesised that when the time comes and the world turns over again, the eagle and the condor will fly together once again. The people of the western world will bring the modern science and technology that they have developed and the people of the condor will bring the wisdom of the heart and the connection with the seasons and cycles of the earth and of life, the cosmos itself.



The Qero are the last of the Incas, they are the "Laika" the "long haired ones" spoken of in ancient myths and stories. The mystics and healers of the ancient world, the medicine men and women who have been the keepers of the relationships between the people and the sacred places. The relationship between human kind and the cosmos.

The Qero say that they are not from “this land.” Not from South America, that they originated elsewhere. But also, from even before their earthly beginnings, that they hail from the stars, from the constellation we know as the Pleiades.

It was at the celebration of the annual return of the Pleiades in the night sky over 50 years ago (1960’s) that the Qero made their spectacular, and ceremonial return to the world. The Quyllurit’I (Col-or-ee-tee) festival is an annual celebration in the Andes and marks the end of the absence of the Pleiades (Qullqa) from the night sky. Thousands of people gather on the high mountains, sacred to the Incas, and wait for the Pleiades to rise above the glaciers.

The Inca believe that the world goes through natural cycles of light and dark. These cycles last between 500 and 600 years. They see this as a natural process. When the last cycle of dark came, at the same time as European people came across the seas to South America, they decided to leave their cities and their gold and go to the mountains. To the remote places. So that while they would not live to see the next cycle of light, their descendants would do. And in time the world would be ready and would need and welcome their healing gifts and traditions again.

These repeating cycles are called ‘pachacutti’s’ and the time for the next cycle. The cycle of light, is now!

Inca prophecy has said for hundreds of years, that the ‘new shaman’ will come from across the seas, from different lands. They believe that their traditions will disappear in their land and travel to other lands and across the seas where we, the new shamans from across the world, will ‘hold’ their traditions and healing skills until it is time for them to return to the land of the Condor again.

This is the time of the “great gathering.” When the people of all the directions come together to create order, mastay.

For the gifts of their medicine to travel to other lands and be able to be received easily, and easily understood by the tribe of many colours, the many different people of the world, the Qero have gifted their traditions and energetic rites and empowerments to us in the form of the Munay Ki. They are our initiations, our rites of passage into a life beyond the one we have been living. They are the resources that will help us to evolve in this lifetime into the ‘luminous ones,’ the next evolutionary stage of humankind. They bring us into harmony and balance with the world within us and the world around us. Helping us to see the world differently, with new eyes. They change our DNA, upgrading it. We live differently, age differently and eventually we die differently.





## The Rites

Once you have received these rites you 'hold' them in your luminous energy field and are able to transmit and share them with other people. You need to receive them first so that you can give them.

The rites of the Munay Ki begin with the four foundation rites

The Healers rite ~ Hampe Carpi

The Bands of Power ~ Luminous bands woven around our bodies, within our luminous energy field

The Seers rite ~ The Kawak Carpi

The Harmony rite ~ The Ayni Carpi

We use Pi stones, donut shaped stones, like the ones in the picture above, to give these rites. The stones act like a torus, generating and circulating the energy that is transmitted in the rites. The more they are used the more powerful they become.

Following the foundation rites are the lineage rites:

The Day Keepers rite ~ Pampamesayouk carpi

The Wisdom Keepers rite ~ Altomesayouk carpi

The Earth Keepers rite ~ Kourak Akouyak carpi

The Starkeepers rite ~ Mosoq carpi

The Creator rite ~ Titanjis carpi

These nine rites give us everything that we need to step from the lives we are living into lives beyond our imagining. They become resources for us to support us in our journeys of change, evolution and growth. We become resources for the world as it changes, evolves and grows too.

There is an organic flow to the process of giving the rites. Usually it is helpful to follow the order they are listed in above. The Healers rite is given first as it empowers the Pi stone that you gift to your partner in the process.





## The Healers rite ~ Hampe carpi

The Healers rite is gifted into your hands, it is the first initiation. At the energetic level it awakens your deep potential to heal. And as we heal ourselves we can heal others, help them to heal themselves too. It empowers your Pi stone as a healing tool to use when gifting the rites.



## Bands of power and protection

These five luminous bands are woven into your luminous energy field so that they empower you. Each one working with a different vibration so that you no longer need to process heavy energies that you may encounter or experience in the way you have done before. You no longer need to process these things with your physical body or your energetic body as the bands will do this for you. The more you work with them the stronger and more empowered they become. Doing a better job to help and support you.

The black band, grounds you and connects you with the earth, with the Pachamama. Here we sow the seeds of our becoming so that they may grow strong deep roots. First chakra up to second chakra. Connecting with the feminine principle.

The red band, connects you with the ebb and flow of all the tides, all the waters of the planet connecting with the flow of all the blood and fluids of your body. Here the seeds of our future becoming are watered so they begin to receive nourishment and swell ready to grow. Connecting also with the feminine principle.

The gold band, around the heart. Connects you with the healed, sovereign masculine principle and Inti Tai Tai, father sun. Here the seeds of our becoming are fed with light so we may grow abundance, as the Inca would say, like “tall corn,” in our lives.



The silver band, from above the gold band, around the throat and neck, up to just below the 6<sup>th</sup> chakra. Here is where we communicate, sending our message out into the world. The seeds of our becoming are blown around the world by the many

winds so they may arrive where they need to grow. Connecting us with Mama Killa, grandmother moon and the star nations that shine and watch over us.

The white band, the band of spirit, a reservoir of wisdom that we can return to and dip into whenever we need to. From below the 6<sup>th</sup> chakra to above the 7<sup>th</sup> chakra.



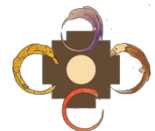
### The Seers rite ~ Kawak carpi

The Seers rite help us to see the world with new eyes. Our physical eyes are physically connected to the visual cortex at the back of the brain, back of the head. They are conditioned to see the world in a consensual way. Colluding with a shared reality that keeps us blind to seeing so much more.

A crown of 'light and sight' is woven over the head, balancing the left and right, masculine and feminine and connecting the 6<sup>th</sup> chakra to the visual cortex at the back of the head through these extracerebral pathways of light.

This crown of light helps us to see into the otherwise invisible world. The crown is connected by a luminous necklace to the heart so that now we see thought the 'eyes of the heart.' It connects the heart and the mind by a luminous pathway.

### The Harmony Rite ~ Ayni Carpi



The seeds of the Archetypes are placed inside your luminous energy field to hold you in balance and harmony, in Ayni. These seeds begin to combust and metabolise the heavy energies and residues of past lives and of trauma.

The four organising principles of creation are placed as seeds into your four lower chakras. The three archangels, luminous beings, guardians are placed in your three higher chakras, up to the crown.



### The Archetypes of the Incas

The archetypes of the Inca tradition represent the embodiment of the organising principles of the universe. In different traditions there may be different correspondences. However, the universal principles that they all represent never change. Mythically, when we work with archetypal energies such as these we are working at the level of the 'gods.' Even science has a correspondence here but talks



about gravity, electro magnetism, weak nuclear force and strong nuclear force. The ancient peoples who are our collective ancestors didn't have a vocabulary like that and so they named the organising principles of the universe in ways that helped them to connect with them within the world that they lived in. So, we have Serpent, Jaguar, Hummingbird and Condor ~ Eagle.

These archetypes are the forces that we call into connection, into presence when we open sacred space for ceremony. Whether that is for our personal space and meditation, for a healing ceremony, a fire ceremony or for any purpose that we 'intend.'

These archetypes are the 'energy beings' that are planted as seeds for you to grow in each of your chakras when you receive the Harmony rite, or Ayni Carpi. They are gifted to you as seeds for you to grow by feeding them with your connection and with fire.

They enable change in the way that you live, in an easier and sweeter way.



Get used to seeing the world through the eyes of the archetypes.



## Serpent:

Amaru ~ Mother of the Waters, source of all life. Serpent is the archetype of the healer throughout many cultures around the world. She is the one who teaches us how to shed our old stories, our past where it no longer helps us to grow, just like the way she sheds her old skin. Serpents are continually growing and continually shedding. Humans reach their maximum growth and height at the end of their teens and so we have no parallel mechanism for shedding to help us grow. Serpent teaches us how to do this sweetly and easily. Letting go of our old stories where they no longer help us to grow. Serpent represents the primary life force, the one who dives deep, the one who knows the way into the deepest places inside of ourselves, the one who teaches us to walk softly, as if on our belly on the Earth. She is the one who knows the way back to the garden that we originated from, the place of innocence and connection with nature.





## Jaguar:

Mother-Sister Jaguar, Ottorongo. She who knows the way across the rainbow bridge, the bridge between the worlds we know as life and death. She is the embodiment of integrity and supports us as we become peaceful warriors. Different to Serpent she is passionate and emotive. She relates the past and the predictable future to the present. She teaches us how to step beyond fear. She is the archetypical connection to the life force of the jungle, everything that is green, steward of the life force. A luminous warrior who has no need of enemies in this world or any other and represents the principles of Life, Death, Rebirth and Renewal



## Hummingbird:

Hummingbird helps us to make the impossible possible in our lives. She sits in the place of the North on the Medicine Wheel, the place of our ancestors. Grandmothers and Grandfathers, all the ancient ones. Ancient memories, ancient wisdom, the ones who have stepped outside of the cycle of time but whisper to us across the winds to help us remember the ancient ways, and who it is that we came here to become. Hummingbird represents the principles of “Change, Evolution and Growth.” The Hummingbird drinks directly from the nectar of life. In actual life Hummingbird is the only one of the four animals we choose to represent the archetypes of the four directions that does not eat anything dead. And so, we become like her and feed on the possible, and on the nectar of life itself.



## Condor/Eagle:

The Condor rises with the sun in the East. Their domain is the place of the formless. They are able to change direction sweetly and easily just by making tiny movements with their wingtip feathers as they glide on the great thermals of warm air. Here there is no story, no matter (just 1%). Here everything is etheric, just energy (99%), no form, “no thing.” Condor reminds us, reconnects us with our potential as creators, as spirit in human form having a human experience. Condor flies to the sun and beyond, mythically to the feet of the creator themselves and brings back quantum pieces of energy that take form in the physical world to become the something new that we create.





The keepers of the three worlds ~ the 'Archangels', the luminous beings:

### Huasca:

Huasca is the keeper of the lower world, the Ukupacha. A place of grace and beauty, unlike the stories of more recent traditions and religions, for the Inca, the lower world is a beautiful and unspoilt paradise where soul parts rest, where we can journey to retrieve and connect with our sacred essence where it has become lost to us. Huasca is the keeper of this realm, the domain of the soul. Huasca helps us to harmonise our relationship with our shadow, with what we do not see but whose effect is visible to all in that we say and do, or do not, without conscious purpose.



### Quetzalcoatl:

The keeper of the middle world. The day to day world that we ordinarily live and work in. Quetzalcoatl is a mythical creature. The Quetzal is a beautifully feathered South American bird and we imagine Quetzalcoatl as the feathered serpent. Bringing harmony and balance to our day to day lives. Bring order and helping things to flow easily. Quetzalcoatl helps us to manage our lives differently. We no longer need to micromanage our lives when Quetzalcoatl is on our team.

### Pachakutti:

Keeper of the upper world, the celestial realm, the realm of spirit. The place of our future becoming, of our celestial parents and the children of tomorrow.

Over time and practice you will develop your own relationship with these archetypes. They will become your allies. They will help you to see through their eyes, separating facts from stories, beliefs from myths, helping to step onto different timelines, futures, destinies. Exchanging what you believe is probable, for what is possible outside of your imagining at this place in time. As we journey around the medicine wheel and through the Munay Ki together you will develop a deeper and closer relationship with each archetype. Let it take time, grow the seeds that you receive. They will become your friends.





## The Daykeepers rite ~ Pampamesayouk carpi

Daykeepers are the custodians, the guardians of the sacred places and altars on the land, below the snow line. The Daykeepers rite holds us in balance with the earth, it heals and brings into balance our relationship with the sacred feminine within ourselves and in our relationship with the world around us.

The Daykeepers created all the ancient stone altars from the Neolithic period across the world and in Peru the ancient sites of Machu Pichu, Moray, Pisac and many more. In this tradition they associate with the archetype of the Jaguar.

The Daykeepers were, are, responsible for welcoming the sun and connecting it to the earth each morning and thanking it at the end of the day and letting it go. They have always lived informed by the cycles of life, death, rebirth and renewal.

Daykeepers are healers, midwives, yogis, herbalists, and more.





## The Wisdomkeepers rite ~ Altomesayouk carpi

These are the mountain rites. It is believed that when we die, the accumulated wisdom of our lifetimes does not die with us but resides at the top of the snow covered mountains. This is the place of the Wisdomkeepers, the keepers of the sacred places at the top of the mountains, the home of the Apus, spirits of the mountains.

There are traditions all over the world that hold these places sacred, not just in the Andes

The mountains most sacred to the Incas are;

Apu Ausangate, Apu Salcantay, Apu Huamanlipa, Apu Huainakauri, Apu Huacaywilka, Apu Illimani, Apu Machu Pichu, Apu Huaina Pichu, Apu Pachatuson

The Wisdomkeepers rites bring balance and healing to our inner relationship with the masculine as well as our relationship with the masculine as we experience it in the world around us.

We learn to speak with the spirits of the mountains, the Apus. And to share in the reservoir of timeless wisdom that they hold. We deepen our connection to the upper world and the wisdom of our ancestors.

The Wisdomkeepers rites and the Daykeepers rites work in harmony together to become a foundation for the Earthkeepers rites. Just as all the lineage rites sit on the foundation of the first four rites you receive.

The archetype of the Wisdomkeepers is that of the Hummingbird that speaks of the great journey. We begin to connect and be informed more by the future and what is possible than by our past. This is the Hero's journey.





## The Earthkeepers rite ~ Kourak Akouyak carpi

The Earthkeepers rite connects us to the stars and the archangels who are the guardians of our galaxy. It connects us to the sun which is our local star. We begin to look beyond the world that we know, literally, and to source the inspiration for who we are becoming from beyond the wisdom of our planet.



We reconnect to the wisdom that our ancestors were gifted from the starbeings who visited early in the history of humankind. Teaching them about how to work with plants, how to grow our own food, agriculture, how to work with the stones and stone beings. They taught us about the future and about who we are becoming. They came not just from another place but from another time. We become guardians, caretakers of all of the earth and all life on earth.

The Earthkeepers are informed by the archetype of the Condor Eagle. They live in this world but walk the path of the visionary.



## Starkeepers rite ~ Mosoq Carpi

The Starkeepers rite takes us beyond the world and the bodies that we know. We think of them as the “Rites of the time to come.”

We have become accustomed, programmed with the belief that our bodies must age and deteriorate. The Starkeepers rite downloads new codes, new information into our DNA. Changing, re informing the structure of our bodies at the cellular level. The aging process slows down and begins to reverse. Our bodies become resistant to disease as we dissolve the templates for attracting disease and any health problems.

We become stewards of the time to come and for all future generations. The Starkeepers rite awakens what is known as the Christ or Buddha consciousness within each of us.

We live differently and we die differently. Our bodies begin to become taller and more etheric.

The Starkeepers rite anchors us into our future becoming, bringing the future of our evolution here, now. Homo luminous.



## The Creator rites ~ Titanjis carpi

As we entered the new age, the new Pachacutti, it was realised that we would need new resources, even beyond the rites that were traditionally shared between shaman. And so, the Creator rite, Titanjis carpi was downloaded from source, from the unmanifest source of the universe. The Inca call this creative force, the energy of creation, Causay. When we hold all the rites we come into harmony and balance and

can create clearly, in service and with love. We have always been creators, but we have not always created from the place of our sovereign nature, from our healed state. The creator rite is gifted after we have received all the other rites so that they hold us in balance to create something new, in love, with service and with wisdom.

At the appointed time four men and four women, all Qero shaman, assembled on the tops of Apu Ausangate (the men) and Apu Salcantay (the women) as they prepared to connect together to download the creator rite, in balance and harmony, an electric storm appeared overhead and lightning hit the ground on both mountains.

Receiving the rite places us in the position of responsibility for all we create.



These are the nine great rites of the Incas, the nine great rites, initiations of the Munay Ki. Once you have received them they are available to you to share with others. These rites give us the resources to step fully into who we came here to be, even if we don't know what that is just yet. They bring us into balance and bring healing to every dimension and aspect of our lives. We become aware of different choices and possibilities and so make different decisions, informed by what is possible, by the future, rather than the past.

The rites inform our luminous body with new codes, new information. They prepare us for this time, this new age, and who we are becoming.

We give these rites in harmony and balance with the three qualities of:

Munay ~ Universal love

Yanchay ~ Wisdom and clarity

Yankay ~ Service and power. We are in service to the world when we no longer project our personal stories or wounds onto the world. Then we see the world as it can become, the journey that it is on. Transforming into the world that we would really choose to live in, before our very eyes.





If you have been given these notes by a friend and would like to know more. To receive these rites and be able to share them with others please let me know so that I can share them with you.

The Munay Ki are evolutionary rites of passage. They come from the great rites of the Incas and the Andes, which have been held with integrity and without change for thousands of years. But change in the world is coming and the Munay Ki have been created in their present form to support us through these changes. If there are ways that I can support you on your journey with the Munay Ki, or you would like to know more about the Medicine Wheel of the Incas and my other teaching programmes and Sacred Group Journeys in Peru with our Andean Shamans please contact me. I also have other resources that I am happy to share.

With so much love

Munay Sonco

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