

# The Way of the Shaman

## The Medicine Wheel of the Incas

A journey of change, evolution  
and growth

with

Joe Molloy



## A Personal Journey and a Sacred Journey

“The Way of the Shaman” is always a personal journey. A journey of personal change, healing and growth, evolution. Whether your first instinct is in your own healing, or in wanting to learn the ways of the shaman and the healing gifts and practices so that you can help others.

There are some different opinions around regarding whether we can call ourselves Shaman or not, depending on whether we were born into indigenous communities, or in towns and cities. There is a lot to be said about what we call ourselves and the identities that we project and relate too. My opinion is that wherever you were born, if you are called to this work then you were probably born into this work in another life in another time. And this time is the time for revealing and reconnecting the threads of our many lifetimes. Remembering and revealing our “Soul’s Journey” through many lifetimes, so that in this time now, we can bring this journey to the place where it really bears fruit for us, and for those in our lives who cross our path.

We are at a point in time where the keepers of all ancient indigenous wisdom all say that we have, in this lifetime, the greatest opportunity to evolve beyond the patterns and restrictions of our past and align with our fullest intended soul’s destiny.

For hundreds of years the Qero people lived in seclusion, in the high planes, the Alti Plano in the Andes. They were waiting for what they called “the time to come.” And they tell us that that time is here now. They tell us that they are the keepers of their ancient wisdom, teachings and practices and have been holding them as guardians, ready for those of us who are showing up now to be born and come forwards. I find it humbling to see this great picture that spans more than my lifetime. From before my beginning to beyond my end.

Something often shows up in our lives that calls us on a journey. Even if we do not know what that journey will be or where it will take us. The Medicine wheel of the Incas offers a path to help us walk our journey.

It offers us a new “map” to navigate our lives. New perspectives, a new cosmology. And initiations, energetic empowerments to support us to step beyond the lives we have

known so far. To step into “extra”ordinary lives, we need something “extra” to do so. And that is what this path will give you. Whether you choose to continue afterwards to practice as a Shaman or use your new skills primarily to benefit yourself to change your life and discover the life your heart knows you came here to live.

“If we did not have to be limited by these old beliefs, what lives could we live instead?”

The path of the Shaman helps us to see the world we live in with new eyes. When we change, we see the world differently. Even Quantum Physics agrees that when we see things differently it changes the world we are looking at.

“Our beliefs create our reality.”

This year I am including three extra workshops for my Medicine Wheel students at no extra cost. To gift you extra resources to support and empower you on your journeys.

Raising Your Vibration:

This is a new. Workshop, responding to a growing need from my clients, for resources



to help them maintain their energetic balance and energetic relationship with the world, and people, around them.

#### Chumpi Khuya Initiation:

I have been teaching Chumpi Healing and gifting Chumpi Khuya Initiation for many years. In addition to learning this beautiful extra healing practice, it supports you to deepen your relationships with Andean Cosmology. Helping you to work in a more integrated way with the Archetypical energies that work with you as a Shaman.

#### Introduction to Evolutionary Astrology:

Evolutionary Astrology will give you a new map and new skills to reveal and understand your Soul's journey and to help your clients to understand why the repeating themes that show up in their lives do so, where they come from and what their soul's intention in manifesting them is.

There are also additional extra workshops including the Munay Ki rites, Shadow Work and "Living Mythology" that you can also join if you wish.

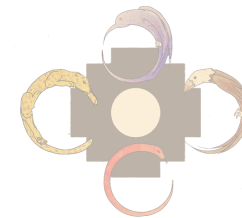
The Inca prophecies speak of the time in which we live now as being a time of great change. They say that, once again, the world has turned over and we enter a new age or 'Pachacutti.' The traditions, teachings and Shamanic Healing tools that I share with you come from an unbroken lineage that reaches back thousands of years, even before the times of the Incas. They are teachings, traditions and healing tools that are as relevant now as they have been for thousands of years.

At the core of our personal healing work and of our work with others, in this tradition, is our 'mesa.' The mesa is your healing or medicine bundle.

As you make your personal journey around the medicine wheel, through each of the four directions you will add stones to your mesa that undergo processes of transformation to become your 'khuyas' or personal healing stones. They hold your healing gifts and healing energy, becoming healing tools that you use for your own benefit and in your shamanic healing practice with others, informed by the wisdom of your healing journey, and joined to the lineage of medicine men and women who have come

before you, and also who are yet to come!

The Incas and the Qero call themselves the 'Children of the Sun.' And this is who we are also. We come here to shine like the bright stars that we are and always have been, even if we have not known this until now.





## Healing rites Empowerments and Attunments

The Medicine Wheel is a path of initiations. At every stage of the wheel you are gifted the next in the series of the lineage rites of the Incas, as resources to help you, as well as being introduced to and learning how to practice the next progression with the Shamanic Healing tools of this tradition.

You can also receive these rites in my “Week of Ceremony” programme, and receive them and learn to give them to others in my Munay Ki workshops too.

Inca Cosmology understands how we passthrough cycles of time, Pachacutti’s, where everything ‘turns over.’ We transit

through these cycles of dark and light, like night and day, every 500 to 600 years. We see as a natural flow. Standing now at the beginning of the next cycle of light we face great opportunity and potential.

You receive each of these initiations at the beginning of each stage of your journey, to support you. Rather than receiving them at the end as we do in the “West,” like some kind of reward. These “Carpi,” energetic empowerments are one of the new resources that enable you to grow and heal in ways that have been inaccessible before. Another are the Medicine Stones in your Mesa.

As you journey around the medicine wheel and receive your initiations you learn all the healing practices that make up the energy medicine of the shaman:

- Illumination
- Energy and entity extraction
- Soul Retrieval
- Journeying
- Death rites and much more

This is the ‘Taripay Pacha.’ The time that we come face to face with who we really are, and who we came here to be.

More than healing our past which has been the focus for many years. Now we heal our relationship with the future so that we can align with a different destiny.

During your journey around the medicine wheel you will receive the Hampe Carpi, Healers rite. The Pampamesayouk Carpi, Day Keepers Rite. The Altomesayouk Carpi, Wisdom Keepers Rite and the Kourak Akouyak Carpi, the Earth Keepers Rite.

These healing rites are empowerments that help to bring you into balance and harmony with the world around you and the world within you.

They will help you to evolve and become, in this lifetime, the future version of yourself that you have been aspiring to be.





## The Way of the Shaman

As you journey around the medicine wheel you will learn all the practices I have mentioned and so much more.

How create and work in ceremony. You will learn to create Despacho ceremonies to create balance, or honour change and transition and learn to be a “Fire Keeper” by serving your own apprenticeship with fire and holding your own “Fire Ceremonies.”

Having your own personal fire ceremonies with the full and new moon will help you develop a relationship with fire as a living thing. And when the time comes you will be able to invite others to join you around the fire in your ceremonies if you wish.

## The Training Programme

The Medicine Wheel teachings are the fundamental principles that sit behind “The Way of the Shaman.”



During the course you will deepen and explore your personal healing journey and at the same time, you will learn powerful healing processes and techniques that you can share to help others.

For 2024 I have changed the format of the programme to suit changing times. And we will be working together for 8 long weekends through the year. The programme will be non residential to help keep costs down for you and allow you to be in control of your arrangements and budget for accommodation if you need to travel to participate.

The programme will run from our grounds, woodlands and home here at Woodend in Worcestershire.

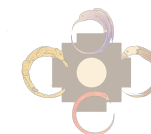
## Our Venue:

Some of our work will always be outside, working in nature, but for our indoor work and practice we will be working in the Worcester Wellness Yoga Centre. I will share plenty of details closer to the time, but you will need to plan to bring comfortable clothing for outdoor work, and comfortable clothing, blankets, cushions etc for our indoor work.



You can check the location of the venue here:

<https://goo.gl/maps/H1XWpSvjGWJvNi868>



## Class details:

### South Class:

March 2024 ~ 2 weekends  
15<sup>th</sup> to 17<sup>th</sup> and 22<sup>nd</sup> to 24<sup>th</sup>

The Way of the Healer and the  
archetype of Serpent

Here we begin our journey together. Learning the foundation of all the healing tools of the Shaman, the Healing Tool of 'Illumination.' We uncover and reveal the personal stories that bind us to repeating patterns that we find ourselves living over and over so that we can begin to step away from them.

### West Class:

June 2024 ~ 2 weekends  
14<sup>th</sup> to 16<sup>th</sup> and 21<sup>st</sup> to 23<sup>rd</sup>

The Way of the Peaceful Warrior  
and the archetype of Jaguar

Working with the lineage of our ancestors and our past life karmic lineages, we make peace with ourselves and with the world around us. Stepping out of the place of victim in our lives and claiming our 'own' power. Here we learn the energy extraction healing tools of the jungle shaman. How to "lift out"

heavy energy and extract "intrusive energies."

### North Class:

September 2024 ~ 2 weekends  
13<sup>th</sup> to 15<sup>th</sup> and 20<sup>th</sup> to 22<sup>nd</sup>

The Way of the Hero  
and the archetype of Hummingbird

The healing journey that we have created in the first half of the programme allows us now to call in the connection with the lives we really came here to live. We step away from the old stories of our past in this life, and the past from our past lives too. We become "informed" not by who we have been, but by the voice of the future and who we can be. This is where we learn and practice the healing tool of 'Soul Retrieval.'

### East Class:

November 2024 ~ 2 weekends  
15<sup>th</sup> to 17<sup>th</sup> and 22<sup>nd</sup> to 24<sup>th</sup>

The Way of the Seer  
and the archetype of Condor

We can only arrive at the place of the 'East' through the healing journey of the earlier parts of the programme. Here, having let go of our old stories and begun to open more and more to who we can be we learn how to

work with the creative force of the universe, 'Kausay,' or Shakti energy.

Also, we learn and practice the great 'death rites' of the Incas. We learn how to live and how to die consciously.

This is the end of the programme and also the real beginning of the journey.





## Joe Molloy ~

Shaman, Healer, Teacher and practitioner of the Energy Medicine of the Inca's.

I will be your facilitator and guide as we journey together through the Medicine Wheel. I have worked with individuals and groups for over 38 years. I teach shamanism and shamanic healing in the UK and Europe and lead Sacred Group Journeys to Peru and India. I also offer this Medicine Wheel programme elsewhere in Europe. If you would like to know more please ask.

We have become so used to 'getting by' in life and being independent that we have forgotten how to connect to the world around us, to a life more fabulous and

amazing than we expect. We have forgotten how to connect to our highest destinies. Now is the time to re ~ member. The Medicine Wheel is both a personal journey of healing and self-discovery, a journey of evolution. It is training for life.

Join me and learn the powerful healing tools of the Inca Shaman that will change your life and the lives of those you know.

The UK Venue for 2024  
Worcester Wellness, Shrawley, Worcester.

The programme consists of 4 modules. These are the 4 directions. The total cost of the whole programme, which is non residential this year, is £2400. You are welcome to pay this as one amount prior to the start of the South class, or as 1 deposit payment of £400, followed by 4 equal payments of £500 each, before the start of the workshops for each of the four directions. I will send you details about how and when you need to make payments, after we have spoken together and once you confirm you are joining.

I offer a discount to "Returning Students," students who have completed the full Medicine Wheel programme with me.

Each module is comprised of 2 consecutive weekends. Friday to Sunday.

The 4 directions take you on a great personal healing journey and in addition, give you the knowledge, skills and experience that you need to practice the powerful, healing, Energy Medicine of the Shaman of the Inca tradition.

I will support you throughout the programme and I include 1 to 1 Shamanic Healing sessions with me between the medicine wheel directions in the course costs.

I have given you a 'taste' of what to expect here in this brochure. But such a short collection of words cannot describe everything. So, if you are curious and would like to know more, please get in contact.

I look forward to hearing from you.

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